

"ART AS A MEDIUM TO INCLUSION"

31st of March - 4th of April 2014



Hanze Hogeschool
Groningen
University of Applied Sciences



share your talent. **move** the world.

- 9.30** Drop in and coffee/tea
- 9.50** Messages of the day
- 10.00** Welcome and opening of the international week
Mrs. Michèle Garnier, Dean of the School of
Social Studies
- 10.15-11.00** Key note of Mrs. Anke Coumans - Academy of Fine Arts,
Design and Pop Culture, Centre of applied sciences and
innovation 'Image in context'

"Can art be a medium?"

Abstract: Within the art scene lots of discussions are going on about art as a medium to do... whatever. Won't art lose its strength when it is used for social purposes? Or even worse: it could be used to cover up what is going wrong in society. Another discussion pops up with regard to the way the artwork is evaluated. How should we view a work of art which is concerned with social objectives? Is it a good piece of artwork because it diminishes social exclusion? Or should we also take into consideration how it has been made artistically? In this keynote I will show how art can keep its artistic and critical dimension and how, because of that, it will be of great importance for a society which calls itself democratic.

11.00 -11.30 Break

11.30 - 12.00 Mrs. Sandra Trienekens

"The value of art interventions for companies and sectors of society"

Abstract: In this keynote Sandra Trienekens will discuss the value of arts interventions for companies and sectors of society that are not primarily focused on art: care, welfare, integration, urban renewal, nature, the funeral industry and so on. What forms may take such interventions? What do they deliver? But also: what do they ask of involved social and artistic professionals.

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|---------------------|--|--------------------------------|
| 12.00 | Evaluation- online questioner | Room B 2.13 and
Room C 2.20 |
| 12.30- 13.00 | Registration for workshops | Room B 0.03
Room B 2.08 |
| 12.30 -14.00 | Lunch break | Room B 0.03
Room B 0.08 |
| | Students present their schools and
countries: Emden and Jena Odense | |

Monday March 31

Workshops

14.00- 16.00

A. Sikko Cleveringa	Arts and social change	Room B 0.04
B. Alois Huber	Social Work and Empowerment effects with Art/New Media in Austria	Room EM D 0.31
C. Retha Bloem	Creative arts therapies in traumatized communities in South Africa	Room B 0.06
D. Ronald Schurer	“Cultural Diplomacy”	Room B 0.07
E. Linda Sørensen Berit Palle Petersen	Theatre as a method in social worker groups of youngsters	Room EM D 2.10

Free time to spend in the city of Groningen

18.30 ‘Cooking and eating as a medium to inclusion’
DINNER at

- 9.00** Drop in and coffee/tea
- 9.20** Messages of the day
- 9.30-10.30** Mr. Evert Bisschop Boele

“Music and Inclusion”

Abstract: Music is a multi-faceted phenomenon. It serves not only aesthetic goals but is also an inherently social phenomenon, used by many people to regulate their daily life in many ways. On that basis, music is more and more used as an instrument of (social) intervention. Projects in which these types of intervention are given form are often called ‘Community Music’ projects. During the lecture, I will first discuss some of the basic backgrounds of the uses and functions of music in current society. I then will present a number of examples of concrete projects which may be seen as ‘Community Music’ projects. Many of the examples will come from the work of our research group with ageing people; in all of the examples Inclusion is, in different ways, a theme.

- 10.30-11.00** Break

Tuesday April 1	Workshops Round I	11.00 – 13.00
A. Geert Boutsen	“The old and the beautiful” This workshop will focus on the beauty of art projects with older people	Room B 0.04
B. Gabrielle Schafer	Externalizing the Problem: Utilizing Creative Interventions in Narrative Therapy	Room B 0.05
C. Alois Huber	Social Work and Empowerment effects with Art/New Media in Austria	Room EM D 0.31
D. Ruth Hampe	Inclusive Education and Project Works	Room B 0.06
E. Antje Handelman	Biographical youngsters	Room B 0.07

13.00- 14.00	Lunch break Students present their schools and countries (Bremen, Linz, Jena)	Room B 0.03 Room B 0.08
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Tuesday April 1	Workshops Round II	14.00 - 16.00
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A. Geert Boutsen	“The old and the beautiful” This workshop will focus on the beauty of art projects with older people	Room B 0.04
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B. Retha Bloem	Creative arts therapies in traumatized communities in South Africa	Room B 0.05
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C. Antje Handelman	Biographical writing	Room B 0.07
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D. Ruth Hampe	Inclusive Education and Project Works	Room B 0.06
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E. Linda Sørensen Berit Palle Petersen	Theatre as a method in social work for groups of youngsters	Room EM D 2.10
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Free time to spend

WEDNESDAY APRIL 2

10.00- 16.00	Cultural program Students and teachers will be picked up at their hostel/hotel
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19.00	Teachers' dinner
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9.30 Drop in and coffee/tea

9.50 Messages of the day

Thursday April 3

Workshops Round I

10.00 - 12.00

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|-----------------------------|--|----------------------------|
| A. Gabrielle Schafer | Externalizing the Problem:
Utilizing Creative Interventions
in Narrative Therapy | Room B 0.05 |
| B. Anneke Buikema | “I paint, therefore I am”
(Art and psychiatry) | Room EM
D.023 |
| C. Arne von Boetticher | Social rights of disabled people
and the transmission of the
UN Convention on the Rights
Of Persons with Disabilities | Room B 0.04 |
| D. Retha Bloem | Creative arts therapies in
traumatized communities
in South Africa | Room B 0.06 |
| E. Students of Sankt Polten | Judy and Punch | Room B 0.07 |
| 12.00 - 13.30 | Lunch break
Students present their schools and countries
(Leuven, Helsinki, Groningen) | Room B 0.03
Room B 0.08 |

Thursday April 3	Workshops Round II	13.30- 15.30
A. Linda Sørensen Berit Palle Petersen	Theatre as a method in social work for groups of youngsters	Room EM D 2.10
B. Arne von Boetticher	Social rights of disabled people and the transmission of the UN Convention on the Rights of Persons with Disabilities	Room B 0.04
C. Students of Linz	Art as a medium to inclusion	Room B 0.06
D. Alois Huber	Social Work and Empowerment effects	Room EM D 0.31
E. Students of Sankt Polten	Judy and Punch	Room B 0.07
15.30 – 16.00	Evaluation study Linz online	Room C 2.20 and B 2.13
16.00-17.00	Evaluation and closing	Room Co.03
20.00	PARTY with SALSA BAND and SALSA WORKSHOP!!! Fare well and goodbye	



Keynote speakers

1. Mr. Evert Bisschop Boele - associate lector - Centre of applied sciences and innovation ' Lifelong Learning in Music' - Prins Claus Conservatorium/ Centre of Applied Sciences and Innovation Arts and Society - Hanze University Groningen

"Music and Inclusion"

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2. Mrs. Anke Coumans - Academy of Fine Arts, Design and Pop Culture, Centre of Applied Sciences and Innovation 'Image in context'

Can art be a medium?

Abstract: Within the art scene lots of discussions are going on about art as a medium to do... whatever. Won't art lose its strength when it is used for social purposes? Or even worse: it could be used to cover up what is going wrong in society. Another discussion pops up with regard to the way the artwork is evaluated. How should we view a work of art which is concerned with social objectives? Is it a good piece of artwork because it diminishes social exclusion? Or should we also take into consideration how it has been made artistically? In this keynote I will show how art can keep its artistic and critical dimension and how, because of that, it will be of great importance for a society which calls itself democratic.

3. Mrs. Sandra Trienekens , social geographer and cultural sociologist, is the founder of research firm Urban Paradoxes (www.urbanparadoxes.nl). Trienekens worked at universities in Tilburg , Rotterdam , Amsterdam , Manchester and London . From 2007 to 2011 she was Professor Citizenship and Cultural Dynamics at the University of Amsterdam. Currently she is affiliated with the University of Amsterdam (Sociology) and member of the core team of the national community arts lab CAL - XL. Trienekens conducts research on social and cultural phenomena that would positively contribute to active citizenship and cultural, local social dynamics and quality of life, social and cultural competencies or imaging.

“The value of arts interventions for companies and sectors of society”

Abstract: In this keynote Sandra Trienekens will discuss the value of arts interventions for companies and sectors of society that are not primarily focused on art: care, welfare, integration, urban renewal, nature, the funeral industry and so on. What forms may take such interventions? What do they deliver? But also: What do they ask of involved social and artistic professionals.

Lecturers and content of workshops

1. Retha Bloem

Head: Centre for Child Youth and Family studies
Faculty of Health, North-West University (Wellington), South Africa

“Creative arts therapies in traumatized communities in South Africa”

One of the biggest national social needs in South Africa at present is for support during and healing from traumas within our current and historical socio/political context. Using creative arts therapy as a medium in dealing with trauma and atrocity may support the healing process. In Wellington, ZA a creative arts project - the blossom project - is doing just that. Using creative arts as a medium to restore trauma will guide you through the steps we use in the blossom project. The workshop will direct you through an experiential learning process, teaching you to use creative arts in creating a picture of a “preferred past”. Drawings, storytelling and simple hand embroidery and needlepoint work will direct the creative arts process.

2. Arne von Boetticher

University of applied sciences School of Social Work Ernst-Abbe, Jena, Germany

“Social rights of disabled people and the transmission of the UN Convention on the Rights of Persons with Disabilities”

There are approximately 650 mil. people with disabilities in the world, but in only about 45 states there are explicit rules about the protection of rights of disabled people. The general assembly of the United Nations therefore adopted the Convention on the Rights of Persons with Disabilities in December 2006. The convention has so far been signed by 154 states, 124 of them have also ratified it to make it legally binding within their country. In the workshop we want to get in overview, how the rights of disabled people are protected within the participating countries (so please bring along an idea, how this works in your county) and compare/contrast this to the approach of the UN convention. Finally, we want to have a closer look at the new approach of “inclusion”, meaning that society has to adapt to the different forms of disabilities in a way, that disabled people can live a self-determined life as everyone else, and in what way this approach has already been realized in legislation and in social work in the participating countries.

APPENDIX

3. Geert Boutsen, lecturer social-cultural work
Leuven University College, Belgium

“The old and the beautiful”

Old age of people can be experienced as a loss. A loss of health, a loss of loved ones, a loss of mobility. However, there are also notions that take a more positive approach, focusing on possibilities instead of limitations. Instead of loss, old age means more time for (giving) meaning, more time for activities, more time for social contact. And more meaning, purpose (the arts are a great means of doing this) and more active social contacts can contribute to an increase in happiness. In this case art gives people a platform, can break taboos and combat prejudice. Art generates joy of life, energy and creativity. Whether people are involved in the arts for the purpose of creation, socialization, strategy or therapy: active involvement in the arts enhances personal wellbeing. This workshop will focus on the beauty of art projects with older people.

(max. 15 participants)

4. Mrs. Anneke Buikema, Lecturer at School of Social studies, Creative Counsellor
Hanze University of Applied Sciences, Groningen, The Netherlands

“I paint, and therefore I am” (Art and psychiatry)

During this workshop in the International week I will focus on the meaning and value of the arts for people with chronic psychiatric disabilities. In a short introduction I will present research material in which I investigated to what extent visual work can contribute to the care of people who suffer psychologically.

Next we will do exercises in painting and use art as an artistic intervention in counseling.

(Group Maximum : 15)

5. Mr. Sikko Cleveringa, director Community Arts Lab XL

“Arts and social change”

The role of arts in society is changing. Increasingly artists play an important role as a catalyst in social change. Basically there are eight types of cultural interventions which might have an added value in society. From professional productions to cultural education, from iconic cultural buildings to oral history projects. The Dutch network organization for arts in society (CAL-XL) developed a project scan to get a better understanding about the social impact of these specific types of interventions. In this workshop you learn more about some practical examples and how the project scan might help you to make good methodological decisions.

6. Mrs. Ruth Hampe

Art educator and psychologist, psychotherapist for children and adolescents as well as guided affective imagination, grad. art therapist
Professor at the Catholic University of Applied Sciences Freiburg in the faculty of inclusive education, especially for rehabilitation and art therapy

“Inclusive Education and Project Works”

Abstract: In terms of working with disabled people the concept of social inclusion is of importance, as it has been, for example, characterized by Niklas Luhmann (cf. 1997). Generally, the term inclusion is (Latin inclusio, “inclusion”) provides with an understanding of integration, confinement, being part of. The Act of 11 February 2005 calls for wider participation and “access for everyone”. It means national integration of the UN Convention on the Rights of Persons with Disabilities. On 13 May 2011, the Annual Congress in Lamaca was themed “New ways of inclusion”. To that effect, enabling independent living for people with mental and physical disabilities is required.

In this context, there has to be done a look back as well as forward referring to the bridging function of the aesthetic expression in the perception, recognition and inclusion of disabled people. Besides, examples from projects are presented, especially by using digital media as a new way for participation and self-determination.

7. Mrs. Antje Handelmann, University of Applied sciences, Emden/Leer, Germany

“Biographical writing”

Abstract: Biographical writing is a specific form of writing that takes the lives of individuals as its subjects. It can take many forms: from published works on famous people to personal diaries. Biographical writing offers a possibility to reflect not only personal feelings but also our actions and how these affect the lives of others and our community. Biographical writing can help us imagine ourselves as actors within our worlds. In this workshop we will try to write short biographical pieces with a focus on a specific topic in our lives.

8. Mr. Alois Huber, St Pölten, Austria

Diploma in Social work, Social management & Social marketing
Integrative Supervisor/ Hypnosystemic Coach, non profit, for profit.
Lecturer for innovative social work, media, supported employment (FH St Pölten, FH Wien), Outplacement Expert, Moderations, Trainings and Counselling
Electronic musician and DJ, co founder of the first Austrian electronic music label Laton, head of “Institute of Art & Technology (IKT)”. ex head of CR94,4 a radio station in Austria. Documentaries with Heinz von Förster, Paul Watzlawick, Humberto Maturana,..

APPENDIX

“Social Work and Empowerment Effects with Art/Cultural /Media Aims, in Austria”

Not the medium itself, the space and the interactions are in focus. Art is not the key, but the method might be a message for social work professionals. A potpourri of projects and ideas, which give explanations and inspirations how it could work.

I will describe some “best practice” examples from the field of social work and art/culture/media in Austria.

Radio CR94,4 St Pölten - “radio against depression”: A civil media excitement, based at the University in St Pölten on a local terrestrial and a global internet radio.

Literature “Sprachmacht”, Caritas St Pölten: A project where psychic handicapped people organise their projects, like readings and book releases. They also run a website where they invite other people to collaborate.

Cultural projects in archaeology “ASINOE”, Lower Austria: Supported employment, 60 persons are working under regular conditions and are trained to get rehabilitated for work. 12 months in digging and restoring artefacts in the field of archaeology.

Music projects like “Mundwerk”, Pius Institute in Styria: 13 handicapped people playing self composed music and are teaching instruments in a “Musik Werkstätte und Band” concept.

Attended two times in European Song Contest for people with intellectual disability.

Also some ideas about concepts and systematics to work in the field of art/culture/media.

Judith Butlers “Performance”, Milton Erickson/Günther Schmidt “Hypnosystemic Concepts, the Metaphor”, Slavoj Zizek for principles, Joseph Beuys “Soziale Plastik”, Christoph Schlingensief “Container” and Heinz von Försters “Kybernethik”. “Be part of the world”, as Heinz von Förster said.

9. Berit Palle Petersen, Linda Sørensen, lecturers at University College Lillebaelt , Department of social work, Odense, Denmark

“Theater with small scenes in Social Work”

Dilemmas in social work

The dilemmas will be presented in form of small scenes. We will use theater as a learning tool and creative method in focusing the dilemmas.

This method is a medium to social inclusion and an artistic way to work with inhabitants and especially youngsters. Our approach is systemic and appreciative, and we customize every process in close collaboration with the participants because we believe involvement generates learning. We incorporate not just the brain but also the emotions and the body.

10. Mrs. Andrea K. Pilgerstorfer, Lecturer Social Work
and university students
University of Applied Sciences, St. Pölten Austria

“Punch and Judy”

Abstract:

11. Mr. Gabriele Schäfer
School of Social Work
University of Applied Sciences Bremen Germany

“Externalizing the Problem: Utilizing Creative Interventions in Narrative Therapy”

Abstract:

Externalizing is a therapeutic practice which has developed within narrative therapy. It is an intervention that creates a perspective on reality, in which the person has a relationship to the problem and in which the person is not the problem. This therapeutic approach considers problems as coming from the outside of the person. Some outside sources are through socialization, through relationships with others or with cultures and societies. With externalization problems can be represented by clients in many different ways; painting, music, sculpture, using representations such as micro animals and other figures, writing diaries, writing letters and poetry are some examples. Once the problems are externalized (i.e. viewed as if they don't simply exist as an inherent aspect of a person) they can then be put into story-lines and a new more positive narrative can be discovered. In this workshop we will explore various creative ways in which problems can be externalized and possibly discover new narratives that can emerge in the process.

12. Ronald Schurer, lecturer at Hanze University of Applied Sciences
School of Social Studies

“Cultural Diplomacy”

Abstract:

Cultural Diplomacy (or ‘Diplomacy between Cultures’) has existed as a practice for centuries. Whilst the term ‘cultural diplomacy’ is relatively new, evidence of its practice can be seen throughout history. Not only diplomats or heads of state, but also explorers, teachers, artists have served as (informal) ambassadors for their respective cultures. Through the interaction of peoples, the exchange of language, religion, ideas, arts and societal structures, we see that relations between different groups of people can vastly improve. The workshop will teach you about the basics of cultural diplomacy on a societal level, and how we can put it into practice in ever more integrating countries, cultures and economies. With creative interaction we will also learn from each other's cultural backgrounds, how we can serve as cultural ambassadors and facilitate intercultural communication.