



Telemark University College

## International University Week Porsgrunn April 19th – 24th 2015

We expect everyone (students and teachers) to arrive Sunday the 19<sup>th</sup> of April, and leaving on Friday the 24<sup>th</sup> of April.

Our Campus for Faculty of Health and Social Studies is situated in Porsgrunn, address: Kjølnes Ring 56, 3918 Porsgrunn.

### 1. STAYING

The **students** will stay in a hostel in the outskirt of our neighboring twin-city Skien. The hostel is integrated in a leisure center called Skien Fritidspark. There will be 4 – 6 students in each room. Breakfast is included.

<http://www.skienfritidspark.no/eng/Accommodation>

It takes about 20-30 minutes by bus and walk from Hostel to Campus.



The hostel



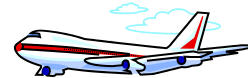
Hotel Vic

When arriving Sunday afternoon, the students will be met at the bus station (or railway station) in **Skien** for transport to the hostel.

For the **teachers** we have made an agreement with Hotel Vic in Porsgrunn. <http://www.vichotel.no/en>. Bed and breakfast will be NOK 1.130 pr night. Teachers have to make an internet-reservation, using this reference **121705**. Rooms will be hold till March the 1<sup>st</sup> 2015, so please make your reservations before that date. From the hotel to campus there is a 15 minute walk.

When arriving (Sunday afternoon) the teachers leave the bus/train at **Porsgrunn** railway station. There is a 5 minute walk to Hotel Vic.

### 2. HOW TO GET TO PORSGRUNN/SKIEN



#### 2.1 Airplane

Norway has **two airports** in the proximity of Porsgrunn which operate an international scale (plus a third one – not recommended):

The closest airport to Porsgrunn is called Torp or Sandefjord/Oslo (TRF). International routes are SAS/Wideroe, KLM, Norwegian and Ryanair. It's about 45 minutes by bus from Torp to Porsgrunn.

Gardermoen is the main airport with all international routes. It's located north of Oslo, and it's about 3,5 hours by train to Porsgrunn.



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Oslo- Rygge (RSL) is not recommended because there is no directly connection to Porsgrunn. You will have to take a bus or train to Oslo, and then change for another bus/train to Porsgrunn. It will take approx. 5-6 hours. Keep also in mind that arrival times for Ryanair-flights usually are impractical for further travelling.

Oslo Lufthavn Gardemoen:

<https://beta.avinor.no/en/airport/oslo-airport/>

Sandefjord lufthavn Torp:

<http://www.torp.no/?Language=EN>

Rygge lufthavn Rygge:

<http://www.en.ryg.no/>

### 2.2.1 From Airport to Porsgrunn

#### **1. From Oslo Lufthavn (Oslo Airport), Gardermoen, Oslo (Airport Code OSL)**

About 3,5 hours travel time.

*We recommend you to go by train:*

You can take the Intercity train from Gardermoen to Larvik/Skien; ask for a ticket to Porsgrunn or Skien. Please check the following website for more travel information: <https://www.nsb.no/en/>

#### **From Torp Airport, Sandefjord (Airport Code TRF)**

About 45 minutes travel time.

*By bus:*

“Nor-Way Bus Express - Telemarksekspressen” goes to Porsgrunn/Skien at: 13.10, 15.10, 17.40, 18.10, 18.50, 20.35 and 22.55 on Sundays. For more travel information, please visit:

[http://www.telemarkekspressen.no/?lang=en\\_GB](http://www.telemarkekspressen.no/?lang=en_GB)

*By train:*

The train to Porsgrunn/Skien goes every hour till 23.15. For more travel information, please visit:

[http://www.torp.no/Travellers/At\\_the\\_airport/Transport\\_OG\\_ParkingTrain/?pkMenu=131&pksMenu=206&Language=EN&pkssMenu=563&pksssMenu=567](http://www.torp.no/Travellers/At_the_airport/Transport_OG_ParkingTrain/?pkMenu=131&pksMenu=206&Language=EN&pkssMenu=563&pksssMenu=567)



# WELCOME TO NORWAY